

EMS Wellness Support Program

Support that you **Deserve. 100% Confidential**

EMS Wellness Support Program delivers an unbeatable level of physical, mental, and financial support. The job is demanding, NAEMT has your back with no cost behavioral health, telemedicine, and financial wellness consults.

The time is now.

EMS Wellness Support Program

\$14.95/mo

Exclusive NAEMT Discounted Rate

-  **\$0 Telemedicine**
-  **\$0 Behavioral Health**
-  **Financial Wellness**
-  **Prescription Discounts**
-  **Fitness Discounts**
-  **Hearing Aids**
-  **MRI & CT Scans**
-  **Lab Testing**



What's in it for you?

- ✓ Behavioral health support from the comfort of a first responder's home. No stigma, completely confidential
- ✓ 24/7 access to board-certified doctors from anywhere
- ✓ Visits for first responder and family are always \$0
- ✓ Save thousands every year on healthcare expenses



Why Are First Responders Embracing Behavioral Health?

The job can be draining, now they aren't in it alone

- ✓ Establish an ongoing relationship with a licensed therapist through video or phone sessions
- ✓ Get support for anxiety, depression, stress/PTSD, panic disorder, grief, family & marriage issues, and more
- ✓ Prescriptions are sent to your local pharmacy, when medically necessary
- ✓ Confidential sessions without leaving home





Why Are First Responders Embracing Telemedicine?

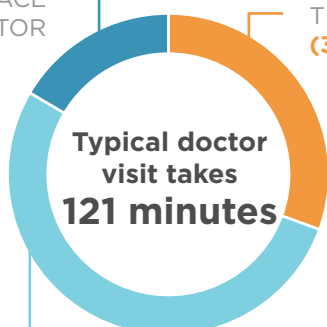
Officers Save Time & Money

Telemedicine gives members 24/7 access to board-certified physicians by phone or video who can diagnose illnesses, recommend treatment, and even call a prescription to a local pharmacy when medically necessary. By using telemedicine instead of going to an urgent care clinic or ER, members cut unnecessary out-of-pocket costs and time wasted in crowded waiting rooms.

Time Savings

FACE-TO-FACE
WITH DOCTOR
(20 MINS)

TRAVEL
(37 MINS)



Typical doctor
visit takes
121 minutes

WAITING & PAPER WORK
(64 MINS)

With heathPERX:
Average call back time
from doctor **<10 min**

Cost Savings

Average cost per episode

+ ER Visit: **\$1,917**

 Office/Urgent Care Visit: **\$150**

With heathPERX:
\$0 for you + your family

Health Benefits



Telemedicine

Quality Care When and Where It's Needed. Anytime. Anywhere.

73% of Americans have trouble receiving timely medical care without having to visit the emergency room. Help your members save time and money with 24/7 access to a doctor by phone or online video consult—anytime, anywhere in the U.S. with no consult fee. Doctors offer a diagnosis, treatment options and prescription if necessary. By using Telemedicine instead of going to an urgent care clinic or ER, employees cut unnecessary out-of-pocket costs and time wasted in crowded waiting rooms.



Behavioral Health

Peace of Mind On Your Time

Behavioral health counseling helps improve productivity and mental health with convenient, affordable access to therapy by video, mobile app, or phone.



Financial Wellness

Live More, Worry Less

Achieve financial wellness and take on major life changes with live one-on-one coaching from accredited financial counselors and independent learning through online resources.



Fitness Advantage

Live A Healthier Lifestyle

Guaranteed lowest membership rates at over 14,000 fitness centers nationwide. One Week FREE pass at all participating clubs. To see if there's a fitness club near you, either call 800 866-8466 and tell them you have the Fitness Advantage benefit or go to <https://preventure.com/ifcn-fitness-advantage/> Enter password "FIT"



Prescription Discounts

Save BIG on Your Medications

Members save 25% to 90% on most prescriptions at 65,000 pharmacies nationwide including CVS, Walgreens, Walmart, Rite Aid and more. As a member, you have access to savings at retail locations and the ability to save even more through our exclusive Home Delivery program.



Diabetic Supplies

Get what you need delivered to your house plus savings and free glucose meter

Diabetes can be hard to manage—big savings on supplies can make life easier.



Hearing Aids

Hear more for less

Want to save big on hearing aids? You'll save 35% off the suggested retail price (MSRP) for at thousands of retail locations nationwide.



Lab Testing

Know Your Numbers!

Help monitor your health with 10% to 80% off typical costs of routine lab work.



MRI/CT Scans

Savings You Can See

Save 40% to 75% on usual charges for MRI, CT Scans and more at thousands of credentialed radiology centers nationwide.

This program is NOT insurance coverage, not intended to replace insurance, and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CRM 5.00. It contains a 30-day cancellation period, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. For a complete list of disclosures, click [here](#). Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475.

Not available to residents of VT and WA. Telemedicine operates subject to state regulation and may not be available in certain states.

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